



FRESNO COUNTY FIRE

PROTECTION DISTRICT

PHYSICAL/MENTAL STRESS JOB DESCRIPTION FOR PAID CALL FIREFIGHTER

A description of the physical and mental stresses to which a PCF is subjected to in the District is given below. Your judgment is needed as to the employee's ability to perform the required duties. In your conclusion, take into account the long-range outlook for continued performance, and the employee's ability to safely perform these duties without significant increased risk of injury to self or others because of your medical conditions.

PCF work as temporary employees in a supervisory capacity (Captain or Engine) or under the close supervision of another. PCF perform heavy physical work involved in firefighting, respond to medical emergencies/rescue work, and perform other public service tasks as required. The individual may be responsible for the care and operation of fire apparatus such as an engine, water tender or rescue vehicle in connection with extinguishing wild, structural and other fires. The PCF may be responsible to drive fire apparatus under emergency and non-emergency conditions in a manner that assures safety both to the public and the fire crew being transported. Additionally, the PCF, when dispatched, may be required to drive long distances.

During the year there may be periods of several weeks during which no stressful situations occur, and then at a moment's notice, a PCF could be assigned to an emergency incident that would demand all the necessary resources to cope with the situation. On initial attack fire situations, in the absence of the Battalion Chief or Captain, the PCF may act as Incident Commander to size-up the fire or emergency, deploy personnel and equipment, and aggressively follow a plan of action to keep the fire acreage or damage minimal.

The PCF is expected to have the endurance to perform arduous physical labor or emergency situations that could last 24 hours or more. The PCF may be assigned to the night shift and required to sleep during the day to be ready for the following night shift. Day sleeping, due to the times of shift change, combined with high temperature (100+degrees), smoke, dust and noise, makes rest quite difficult to obtain. Normal regularity of meals becomes impossible in these situations.

The PCF must be able to think clearly and use good judgment. The individual should possess color vision sufficient to discriminate between electrical cable and pipe color coding; color vision to correctly identify vehicle colors; normal visual acuity or corrected to not less than 20/30 in each eye; hearing adequacy within speech frequencies; physical strength and agility; weight in proportion to height; not more than mildly susceptible to poison oak; normal use of both hands and feet.

Applicant/PCF Name _____ SS# _____
 Doctor's Name _____ Signature _____
 Address _____ City _____ Zip _____
 Telephone _____ Date of Review _____

I have read the physical performance requirements for Paid-Call Firefighter and have considered this employee's medical condition(s) as they relate to his/her ability to perform the full scope of required duties.

- A. Fully meets the requirements of the job/may return to full duty immediately.
- B. May not return to duty at this time, but should be able to return on or about: _____ (Date)
- C. Is NOT capable of performing the described duties.

NOTE: If either "B" or "C" is checked, please describe your findings using the lower portion of this form.

REMARKS or
FINDINGS: _____

