



CAL FIRE PHYSICAL/MENTAL STRESS JOB DESCRIPTION

FORESTER I

A DESCRIPTION IS GIVEN BELOW OF THE PHYSICAL AND MENTAL STRESSES TO WHICH A FORESTER I IS SUBJECTED TO AT CAL FIRE. YOUR JUDGMENT IS NEEDED AS TO THE EMPLOYEE'S CAPACITY TO PERFORM THE REQUIRED DUTIES. IN YOUR CONCLUSION, TAKE INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE, AND THE EMPLOYEE'S ABILITY TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.

A Forester I is responsible for directly, or indirectly, carrying out the many tasks associated with the resource management programs. The Forester I must occasionally coordinate and supervise several different organizational units of CAL FIRE in order to accomplish program goals. The Forester I has considerable contact with the public as a Service Forester or State Forest Forester and with the industrial sector as a forest practice inspector, or logging contract administrator. In these roles, the Forester I must properly convey the policies of CAL FIRE and may be the only CAL FIRE representative the public ever sees.

Job stress is encountered because of the enforcement nature of the Forest and Fire Laws. The employee is expected to confront timber operators and, on occasion, issue citations to these operators for violations of the Forest Practice Act or other Forest and Fire Laws.

The Forester I performs fire control activities during the critical fire period. These activities may include relief Ranger I duty on a regular basis and direct fire line or administrative duty on major fires. The employee may be required to go without sleep for 24 hours or more, and be moved from one assignment to another over long distances throughout the State. During emergency assignments, meals and sleep would be erratic.

The Forester I routinely operates a variety of vehicles over steep, mountainous terrain in isolated localities and take short hikes away from the vehicle. These hikes traverse rough topography through rocks, brush, mud and snow. Elevational ascents of 1000 feet in one day and hikes up to 10 miles are common.

A Forester I must have visual acuity (Snellen) of not less than 20/100 without correction in each eye, corrected to not less than 20/30 in one eye; hearing adequacy within speech frequencies (uncorrected); and normal speech. The individual must have full use of both hands and feet.

The incumbent may required to wear respiratory protection equipment (including self-contained breathing apparatus (SCBA). The use of such equipment may place a physiological burden on the incumbent that varies with the type of equipment used, the job and workplace conditions in which the equipment is used, and the medical status of the incumbent. As such, Cal/OSHA requires that the incumbent be annually medically cleared to be fit-tested for respiratory protection equipment. This clearance process consists of a comprehensive medical evaluation including a review of the incumbent's medical history, a complete physical examination, and vision, hearing, spirometry, and exercise treadmill tests.

The incumbent typically is required to perform psychologically stressful and/or physically demanding duties consistent with firefighting, disaster response, and emergency medical response, including working in isolated areas, walking or running on uneven rough terrain, and remaining on duty 24 hours or longer without a break while performing these duties.

CATEGORY I - ARDUOUS PHYSICAL WORK

Duties involve field work requiring physical performance calling for above-average ability, endurance, and superior condition, including occasional demand for extraordinarily strenuous activities in emergencies, under adverse environmental conditions, and over-extended periods of time, requires running, walking, difficult climbing, jumping, twisting, bending and lifting over 25 pounds; and the pace of work is typically set by the emergency situation.

THE UNDERSIGNED CERTIFIES THAT HE/SHE HAS READ THE CAL FIRE PHYSICAL/MENTAL STRESS JOB DESCRIPTION FOR THE EMPLOYEE NAMED BELOW AND THAT IN HIS/HER JUDGMENT THE EMPLOYEE HAS THE CAPACITY TO PERFORM THE REQUIRED DUTIES, HAS TAKEN INTO ACCOUNT THE LONG-RANGE OUTLOOK FOR CONTINUED PERFORMANCE, AND THE EMPLOYEE IS ABLE TO SAFELY PERFORM THESE DUTIES WITHOUT SIGNIFICANT INCREASED RISK OF INJURY TO SELF OR OTHERS BECAUSE OF MEDICAL CONDITION.

EMPLOYEE NAME (PRINT)

WORK UNIT

MEDICAL PROVIDER'S NAME (PRINT)

DATE

MEDICAL PROVIDER'S SIGNATURE

ADDRESS (PRINT)

TELEPHONE